

**AYCO Board Conference Call  
Sunday, August 17, 2008  
AGENDA**

4:00pm pacific 6:00pm central 7:00pm eastern

**Facilitator:** David  
**Timekeeper:** Kevin  
**Secretary/Minutes:** Orlene!!! – thank –you!

*Present: Jackie, David, Rick, Kevin, John, Jesse Alford (intern), Orlene (assisting)*  
*Not Present: Donna*

866-704-7500  
543643  
143871

**MOTIONS PASSED:**

- **MOTION:** Send David to Boulder for \$400 - \$500 for pre-Ed Con planning
- **MOTION:** Reinstate Rick's \$400 a month for office work

**TASKS / ACTION ITEMS:**

- **David:** will send announcement that Cirque du Soleil is sponsoring (send to RICK by Thursday for AYCOgram)
- **ALL:** If anyone has anything for AYCOgram send it this week by Thursday
- **ALL:** Email Kevin how much you would like to donate within the week
- **David:** RE: CFA Grant - David will write a letter asking why not accepted and what we can do next time
- **ALL:** Individual donations: ASK ANYONE! For donations – AYCO is a great organization ☺
- **JACKIE:** RE: Promotion - AYCO Advisors: - Forward list to David of AYCO advisors
- **Rick:** Headliner on AYCOgram **HOTEL RESERVATION CUT OFF: SEPTEMBER 10TH !!!!**
- **Jackie:** RE: pass the hat for AYCO campaign at youth shows – Email Jessica Hentoff or another programmer their thoughts
- **David:** Communicate with Rick regarding for recognition of our sponsors
- **Jackie:** ask Jaiman McMillan, Spatial Dynamics, to come to the Ed Con
- **Jesse:** ask/invite the Redlands people to come to the Ed Con
- **John:** will ask Redlands and Regional Festival people to come to Ed Con

**4:00 pm Personal Highlights**

**4:15 pm Board Guidelines / Happy thoughts / Focal points**

Listen with Heart and Eyes; Take Risks; Don't Blame; Don't tell someone how THEY are feeling; Reflect/Confirm what's said without having to agree or disagree; Stay on point; Respect each other, even if we do not agree on statement/issue; Take turns, Give turns; Have Accountability (Follow through); Communicate outcomes: How? Why? Amplify; Don't interrupt; Don't negate; Don't block; Be part of the Solution; Delegate; Gather ALL opinions before deciding; Don't Pounce/Reflect; Give benefit of the doubt; Ask Questions / Not Attacking; Engage in Non-violent Communication; Email correspondence should be limited as much as possible to information/facts; The only dumb question is the one you don't ask.

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**4:20 pm Reports and Updates**

- Jesse Alford, introduction – JA
  - Jesse is taking semester off to be AYCO intern and work with Circus Bella in San Francisco
  - Welcome Jesse!!!
    - Finance Report – KG –

**AYCO Financial Statement**

**As of 8/17/08**

**Bank Statement Balance As of 8/17/08** **\$9,781.58**

**Outstanding Deposits/Receivables:**

<b>David Hunt Contribution</b>	<b>\$300.00</b>	
<b>Aileen Moffitt Contribution</b>	<b><u>\$100.00</u></b>	
<b>Total Deposits/Receivables</b>		<b>\$400.00</b>

**Outstanding Checks/Payables:**

<b>Rick Davis -- Office Expenses (Check #1165)</b>	<b>-\$87.91</b>	
<b>Total Checks/Payables</b>		<b><u>-\$87.91</u></b>

**Total Estimated AYCO Balance As of 8/17/08** **\$10,093.67**

- AYCO Store – JW
  - New org member: Actor's Gymnasium
  - Sold another tight wire (makes 5) – good item for us
- Website + Communications – RD
  - Web statistics in email
  - AYCOgram out in May – made a spike in visits
  - Always updating info on Ed Con with programming on website
  - Planning on AYCOgram dedicated to Ed Con
    - Will not send out for everyone's perusal
    - Latest news on Ed Con
    - Will send out every 2-3 weeks leading up to conference
    - Will send out on Friday, 22 August 2008
      - David will send announcement that Cirque du Soleil is sponsoring (send to RICK by Thursday for AYCOgram)
      - If anyone has anything for AYCOgram send it this week by Thursday
  - Researching "ning.com" for involving more of the youth in participating in AYCO – Rick will report more on this later on
- Collaborations – DH
  - David has been in contact with Jim Cole re: Circus for Youth
  - Have made a commitment with Jim to speak monthly
  - Each serving the youth circus community in different ways

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- AYCO serves programming, services, communications
- Circus for Youth service the youth
- David asks CFY to be more specific about their goals and who they are serving with the website

**4:30 pm Accomplishments / Successes**

- Social Circus Task Force work towards SC Network has begun!
  - Had first meeting
  - Next one next Sunday: including Jessica Hentoff, Jackie Davis, David Hunt, Paul Miller, Jesse Alford, Nick Taylor
  - People are contacting David and they are coming!!! From all over the nation
- AYCO has an Intern: Jesse Alford
- EdCon '08 expecting good attendance! More workshops on roster!
- Jackie: Began conversation to possibly host a future ed con in New York – future collaborations with AYCO and Spatial Dynamics group
- John: Announce setting October 26, 2008 for 2<sup>nd</sup> AYCO Regional in Redlands, CA
  - Contact John for more info 800 300 5845
  - Let Rick know if he can support/be of any service
  - Jackie: WE NEED FLYERS!
- Beginning conversations with Camp Edwards (GREAT Y summer camp) about possibility to invite folks from Regional circuses to expand the Camp Edwards experience.
- AYCO Office has been getting calls to bring international people over
  - Smirkus contacted to help get the Ethiopians over
  - Kelsey Long from Ireland
  - Antonio, teaches juggling to schizophrenics
  - Jessica needed help with visas to bring Israelis over
  - Call from Paul Miller to help secure Wolfgang's visa for staying in the US
  - AYCO has been recognized by the Immigration Office
  - **Keep Guidelines in place to follow up and get references on those individuals wanting support from AYCO: ask for reference letters, paperwork etc.**
- Rick switched info@americanyouthcircus.org emails so that they now go to David and Rick instead of Jackie
  - If it's matter of membership, housing, food, transportation, for Ed Con to Rick
  - David everything else

**DISCUSSION**

Busker06@msn.com – Jesse's email contact

**4:35 pm EdCon '08 Boulder, CO**

- Revised Budget \* (see attached, below)

**2008 AYCO ED CON, October 10 - 12 Working Budget**

**PARTICIPANT INCOME**

**Actual**   **Ideal**   **Budget**   **Forecast**   **Actual**



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BCAA presenter 2					\$0.00		0
Special Presenter Housing							
Amy Wilson	\$110.00	2		\$0.00	\$220.00	\$220.00	\$220.00
BCAA presenter 1	\$0.00	0					0
BCAA presenter 2	\$0.00	0					0
First Aid Certificate	\$65.00	12		\$780.00	\$780.00	\$0.00	
First Aid Renewal	\$45.00	12		\$540.00	\$540.00	\$0.00	
				<b>Total Stipends</b>	<b>\$6,000.00</b>	<b>\$2,740.00</b>	<b>\$1,220.00</b>
							<b>0</b>
Board Housing ***							
Jackie Davis + Rick Davis	\$110.00	5		\$0.00	\$550.00	\$0.00	\$0.00
Donna-Wood Babcock	\$110.00	4		\$440.00	\$440.00	\$440.00	\$440.00
Geraldyn Berkeley	\$110.00	4		\$440.00	\$440.00	\$440.00	\$440.00
John Whitfield	\$110.00	4		\$440.00	\$440.00	\$440.00	\$440.00
David Hunt + Kevin George	\$110.00	5		\$0.00	\$550.00	\$440.00	\$550.00
				<b>Total Housing</b>	<b>\$1,320.00</b>	<b>\$2,420.00</b>	<b>\$1,760.00</b>
							<b>0</b>
Board Transportation***							
Jackie Davis	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
Rick Davis	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
David Hunt	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
Kevin George	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
John Whitfield	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
Donna Wood-Babcock	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
Geraldyn Berkeley	\$500.00			\$500.00	\$500.00	\$500.00	\$500.00
				<b>Total Board Travel:</b>	<b>\$3,500.00</b>	<b>\$3,500.00</b>	<b>\$3,500.00</b>
							<b>0</b>
Meals -- Attendees, fri/dinner/sat/lunch,dinner/sun/breakfast	\$75.00	45	45	\$3,375.00	\$3,375.00	\$3,375.00	\$3,375.00
Meals - Presenters	\$75.00	20	14	\$1,500.00	\$1,500.00	\$1,500.00	\$1,050.00
Meals - Board+	\$75.00	6	8	\$600.00	\$600.00	\$600.00	\$600.00
				<b>TOTAL MEALS:</b>	<b>\$5,475.00</b>	<b>\$5,475.00</b>	<b>\$5,475.00</b>
							<b>0</b>
Facility Rental -- Conference	\$1,200.00	0		\$1,200.00	\$1,200.00	\$1,200.00	\$1,200.00
Table / Chairs Rental	\$525.00			\$525.00	\$525.00	\$500.00	\$525.00

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Insurance	\$600.00		\$600.00	\$600.00	\$600.00	\$600.00
Admin/Office Supplies	\$400.00		\$400.00	\$400.00	\$400.00	\$400.00
Scholarships	\$200.00	5	\$1,000.00	\$1,000.00	\$1,000.00	\$1,000.00
Host Gifts	\$100.00		\$100.00	\$100.00	\$100.00	\$100.00
<b>TOTAL OTHER:</b>			<b>\$3,825.00</b>	<b>\$3,825.00</b>	<b>\$3,800.00</b>	<b>\$3,825.00</b>
<b>Total Expenses</b>			<b>\$20,120.00</b>	<b>\$17,960.00</b>	<b>\$15,755.00</b>	<b>\$15,440.00</b>
<b>Net Income</b>			<b>\$4,195.00</b>	<b>\$1,255.00</b>	<b>-\$80.00</b>	<b>\$10,590.00</b>

**APPENDIX:**

**Presenter Stipends**

Amy Lee Wilson, LLCW	Burn Out Prevention
Boulder County Arts Alliance	Program Assessment
Boulder County Arts Alliance	Grant Writing

**Conference Planners ?**

- ❖ Presenters get meals
- ❖ Current registration: about 7
- ❖ Expenses mostly to fly out special presenters (one)
- ❖ Partnering with Boulder County Arts Alliance – charging \$200 for each of two presenters
- ❖ Kevin: Biggest challenge get meals within the budget
- ❖ Insurances seems high (\$600)
  - Rick: no specific number yet, but for last Ed Con it was \$400 – 600
- ❖ David: question to all regarding housing
  - Need to know who is staying for how long, etc.
  - John IS ATTENDING – round-trip from Orange County 10-12<sup>th</sup>
- ❖ Need car? How many? Kept transportation budget high to include this type of thing
- ❖ Fly into Denver, much cheaper
- ❖ David needs to check in with GERALYN about involvement with AYCO and how much AYCO will cover for her expenses to Boulder
- ❖ \$400 for office safe? YES!

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- Name cards, mailings, monthly phone bill
- \$200 will probably be ok
- Jackie: Consider flyer in this budget expense
- ❖ Scholarships?
  - Hampshire (offer to college students free admission)
  - LAVA
  - Can waive registration fees, but not meals
  - Can connect people for room share, possible home stays
  - Other help in any way
  - Forward inquiries to David
- ❖ Only one presenter per workshop gets registration and meals
  - If more than one presenting can share costs
- Fundraising – REPORT ONLY – **further discussion to follow**
  - Board donations
    - In past reduce amount to \$300 deducted that from expense reimbursement for Festival or conference
    - Kevin sends the letter for tax purposes
    - **Email Kevin how much you would like to donate within the week**
  - CFA Grant
    - Rick read about it in the publication
    - Were not contacted that we did not get it
    - Only received an email that our application was received
    - Could have missed it or deleted the email inadvertently
    - **JACKIE/RICK/DAVID: make a really naïve email request to the application place to ask about the status**
      - **Ask how we might better do this in the future**
      - **David will write a letter**
  - Individual donations
    - Aileen Moffitt \$100, Peggy Ford \$100
    - Follow up with Richard Tuck
    - **ASK ANYONE! For donations – AYCO is a great organization ☺**
- Promotion
  - AYCO Advisors (Jackie's suggestion)
    - David: Each check in with 3 different people
      - David doesn't have the list of individuals
      - **JACKIE: Can you forward list to David of AYCO advisors**
  - Printable material
    - Check in with Rick
    - Get timeline: Rick can put together a flyer in pdf form
      - Need something people can print out on their home computers to they can come
      - Just need something that has the dates, list of some workshops
      - Add to Ed Con webpage
      - Wait to post info on 2<sup>nd</sup> Regional Festival – still tentative dates
    - Postcard campaign fell through the cracks
  - Personal Contacts
  - Other ideas?
- Programming update – REPORT \* **see update attached at end of minutes**
  - If anyone is planning to present let David know now.

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- Maxing out on spots
- Rick is going to withdraw: Aileen and Carrie are duplicating what he would do
- John will email David re: presenting
- David and Jesse will brainstorm web promotion
- Logistics
- Housing, Food, Tables/Chairs
- David requesting funds to visit Boulder to lock things in face to face on site, prior to the event - \$400
  - Too late if try to figure it out during Task Force meeting
  - Need to connect face to face and see spaces to confirm that we can do the things we need to do with what they have to offer
  - **MOTION:** Jackie moves to send David to Boulder for \$400 - \$500, seconded
  - Voted unanimously
- Airline tickets and Housing Accommodations
- GET YOUR TICKETS ASAP!
- **HOTEL RESERVATION CUT OFF: SEPTEMBER 10<sup>TH</sup> !!!!**
  - **Headliner on AYCOgram**

**5:00 pm Social Circus Task Force – DH + DWB**

- Status Report / Update
  - Assembled to meet monthly or more to draft plan to have Social Circus network in US
- October 9th Social Circus Task Force meeting with Michel Lafortune and Gil Favreau
  - To discuss long term funding and partnerships within network
  - Will report on this at Ed Con

**RICK: Has to leave**

- **Discuss Office Expenses**
  - **MOTION:** Kevin – Reinstate Rick's \$400 a month for office work, seconded
  - Discussion
    - David: Request that we spend time talking about this and set guidelines
    - Rick: Knows that expense is significant to AYCO's overall budget, but with all the work coming up and happening now it would really help to get this \$400 at this point
      - Rick can email the job description to everyone
  - Voted unanimously (minus Rick, plus Orlene)

**5:15 pm Festival '09 Planning**

- Site Search Update – DH
  - Sailor is attending Ed Con
  - Sailor is interested in hosting in future, possibly 2009
  - Circus Center is interested in hosting 2009
  - Can invite ACROsports as co-host
  - Want to show up at Boulder and announce the place!
- Committee Assemblage
- What will it take for us to move on this?
- Setting a date?

**5:30 pm Fundraising**

- Follow up Reports
- Board Donations
- CFA -- JD
- Spectacle – DH

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- Sent announcement to Ernest: too late for ad, hoping for blurb
- Big Apple – DH
  - In touch with Karen McCarty
- Ringling – DH
  - Scott O'Donnell is no longer with Ringling but with Big Apple
  - Unexpected on the phone with Tim Holst
    - In communication with Tim
  - Donna has helped with strategies
- Individual Donations – Everyone
  - David asked Orlene for money
  - Jackie: pass the hat for AYCO campaign at youth shows
    - A one time ask at people's events
    - Ask Jessica Hentoff or another programmer their thoughts
    - Get the word of AYCO out there
    - **Jackie: will get the idea in an email out to Jessica Hentoff**
- Acknowledgements – How to publicly recognize our supporters – DH
  - Be more assertive about recognizing and acknowledging our supporters
  - Vertical strip on front page listing and acknowledging our past hosts and sponsors
  - Publicly recognize: news item "Cirque du Soleil is a supporter of AYCO with a donation of \$2500!"
  - Jackie: Rick more likely to post if the text is available to post
  - Example: 888 Monkeys website lists sponsors on right side of all pages with logos
  - **David: Communicate with Rick regarding for recognition of our sponsors**

**5:50 pm Board Changes / Development**

- We have an intern! Welcome Jesse!
- Search and Follow up for new board members!
  - Post on our website that we're looking
  - What are the specific qualities AYCO is seeking?
  - Formal call to communities:
    - AYCO organizations
    - AYCO parents of yc youth
    - CFA community
    - Circus Performers community?
    - Greater youth performing arts community?
- Need to replace Jackie
- Don't need more people like us: Need fundraising, legal, medical, web experience, parents, wealthy/connected parents
- Need to be specific in our call about WHO and QUALIFICATIONS
- Do we have a list of parents of AYCO Festival participants?
  - They know what it means to their kids
  - More invested in what AYCO does
- Need a wider range of public schools, college kids, etc.

**6:10 pm Memberships AYCO**

- Individual Ideas present one at a time - be quick and brief!
- Discuss after all heard
- 3 benefits of membership:
  - Kevin (from email): AYCO Benefits within next 4-6 weeks:

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- Organizations: A real-time on-line Forum/Community to interact, share ideas, get help re: start-up issues, risk planning, etc., logistics planning for festivals and conferences, etc.
- Youth: A real-time on-line Forum/Community to interact, meet other youths interested in circus performance,
- Teachers: A real-time on-line Forum/Community to interact
- And the communication piece to let everyone know of the new benefits.
- Jesse: already exists with AYCO directory, make more youth friendly
  - Find a phone number easily to stop by when on vacation
  - Need a reliable contact/ a more friendly contact: I'm going to be in your town for a couple of days, where/when can I juggle while I'm there
  - Need a number to call the program directly
  - **Add Circus to your Family vacation!!!** – Put this idea on the website
- Jackie: stats, how many people do we serve? We can't provide these numbers
  - Lots of dead weight in current AYCO database: people that have nothing to do with youth circus, dead links
  - Jackie has suggestions on culling the list
  - Orlene: can do something like this with map and contact list on Google Groups (ask Carlo Gentile for how to)
  - Need to work with someone on data collection and merging lists
  - David talking to Jim Cole and working with Rick and Jesse
    - Jackie and GERALYN worked on this list and it exists in Excel
    - Has expanded since then and need to update
- David: Feature org member of the month or youth member of the month: Spotlights
  - See members immediately when you come to our website
  - Alive, different news, face every month
  - Monthly or bi-monthly online discussion
- David: Need hard and concrete benefits to membership
- Jackie: Online chats are great with moderator(s)
- David: 10% discount to Spectacle magazine – YES this exists already!
  - David will use this discount now

**Ed Con Attendance?**

- Jackie ask Jaiman McMillan, Spatial Dynamics, to come to the Ed Con – YES great time
- Jesse can ask the Redlands people to come
- John will ask Redlands too

**6:25pm**

**Review Tasks and Timelines**

**Next Meeting: PROPOSED SEPTEMBER 14<sup>TH</sup> SAME TIME, SPACE IS THE PLACE**

- Email David if you can make this date for next meeting
- Update your BIOS!!!
- Jackie: what happens next???
  - Leave of absence?
  - Sounds good to Jackie
- **HUGE GRATITUDE AND APPRECIATION TO JACKIE FOR ALL HER WORK AND KNOWLEDGE IN WORKING WITH AYCO FROM THE BEGINNING!!!!**
  - Has stepped out of her comfort zone
  - Big part of Youth Circus history
  - She doesn't mean to be far
  - Everything next year is with youth circus in mind
  - Can exploit her masters after next year for AYCO
  - Will still be with the Social Circus Task Force

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**6:30pm Meeting Adjourned**

**Reminders**

Review Task Timeline regularly to complete tasks.

**Tasks & Timeline**

Who	Task	Timeline (deadline)	✓
David	Contact Al Light re: 2007 festival debrief + EdCon	August 20	
David	Facilitate college outreach with Rick?	Tabled	
David & Rick	Develop committee lists for '09 Festival by next board meeting and propose committee chairmen	Sept. 7+ Sept. 14	
David	Ask Karen McCarty from the Big Apple for a donation	In progress	
Rick	Deborah Kauffman RE: presenting at EdCon	?	
Rick	Invite AYCO "core" to participate on forum feedback	?	
Rick	Forward the document on the Youth Board Member to everyone	?	
Rick & David	Develop committee lists for '09 Festival by next board meeting and propose committee chairmen	Sept. 7 + Sept. 14	
Rick	Call Peggy ___?___ to identify people for sponsorship	?	
Rick	Send EdCon workshop information to David		
Rick	Contact Bill Anderson – invite to EdCon, future festival hosting, connect	July 4	
Kevin	Bio to Rick for Website	asap	
Jackie	Review the board's chaperone protocol for festival participation by college students	?	

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John	Bio to Rick for Website	asap	
John	Submit a paragraph about the AYCO Store to Rick for the next AYCOgram	?	
Donna	Send bio to Rick	ASAP	
David or Donna?	Draft a letter to Cirque to inviting the Cirque du Monde teachers to attend Ed Co tell them about the task force	In progress	X
EVERYONE	Explore the new forum on the website; spend 3 minutes – tops! Give feedback on first minute on each forum		X
EVERYONE	Board Member donations to AYCO	August 31	

**Former Tasks:**

David	Flesh out internship ideas; email to board	ongoing	
David	Contract with Boulder Circus Center	ongoing	
David	DH to forward site criteria to Jackie Davis All board to review draft	3/16	
David	Contact Rick	now	
David	Get Chicago Ed Con contacts to Geralyn	?	
David	Contact Cindy and Carter about local sugar daddies.	TBD	
Jackie	Review and edit David's Site Criteria document for Board review	ongoing	
Geralyn	I agree to take the list from the community meeting and merge it with the evaluation form of people willing to volunteer. Will divide it up geographically per board members... so they can make personal contact with these people to see if there's interest in the 09 festival.	March 23	

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General	Create Exit Document/Evaluation Template for festival Host post-fest Create pre-nuptial agreement btwn AYCO and Host for pre-fest	allocate	
EVERYONE	<b>Board bios need updating. Re-do yours by Christmas.</b>	URGENT	
John & Kevin	Create Ad Hoc Vendor Committee to draft vendor policy for future festivals. Present to Board for approval.	?	

**AYCO Educators Conference 2008  
Raising the Bar  
October 10 – 12, 2008  
Boulder Circus Center  
Boulder, CO**

***Workshops and Programs as of August 13, 2008***

***Training/Coaching***

To be added:

Juggling with Karen Quest  
Connecting with Your Students with Carrie Heller

Currently not posted on website:

Dealing with Feelings, Aileen Moffit  
Visual Arts and Circus, Alessandra O.  
Social Circus in Germany, Romy B.

**Acro Technique and Spotting  
Chuck Johnson**

*This workshop helps to create and refine acrobatics teaching through proper progressions and correct technique. Body shapes, kinesthetic awareness, proper landing will be covered. Attention will also be given to proper and safe spotting techniques.*

**Aerial Skills Progression  
Cathy Gauch**

We will explore a number of various skills and progression techniques on aerial fabric and trapeze. Coaches can expect to develop a better understanding of teaching people at differing rates of learning, strength, and ability levels

**Special Guest Presenter**

***Burn-out Prevention and Self Care for Circus: Teachers, students and the rest of us, Amy Lee Wilson, LCSW***

Geared for educators and students of all ages and abilities, this workshop will demonstrate how to focus on breath, heart and mindfulness to relieve stress, anxiety, overwhelm and depression.

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*Participants will experience use of breathing, movement and meditation to build a personal tool kit for daily practice. Explanation of long term effects of stress and techniques to change one's personal paradigm will be given in terms that speak to teachers and their students alike.*

**Dealing with Feelings: Beyond Flips and Tricks**

**Aileen Moffitt**

Prescott Circus Theatre Founder and Director will present the Prescott Circus Theatre's own specialized system for dealing with youth emotions, developed over years of practice. Content will include techniques for resolving conflicts without interrupting training sessions and a format that encourages students to recognize, contain, and express their feelings.

Participants will consider the emotional needs of the youth in their programs. Participants will reflect on their own practices related to youth emotions and conflict resolution and may consider incorporating or adapting some of the techniques presented.

**Incorporating Visual Arts into Circus Classes and Workshops:**

***Building Giant Animal Puppets, Masks, and Puppets***

**Alessandra Ogren and Rebekah Tarin**

We will share our techniques for building paper-mache giant puppets and masks, and talk about how we incorporate visual arts into our circus workshops for adults and youth. Be prepared to come and get messy and make some art!!!

**Injury Prevention for the Circus Arts Student**

**Panni Speirs**

Learn how to protect your students' body from injuries. This workshop covers the importance of warm-ups, stretches and cool-downs. We'll also look at "Cross-training," length of training sessions, frequency of training, the ability of focusing, safe practice equipments, and appropriate clothing for practice (and performance).

***Movement Composition and choreography with LAVA***

***Diana Y Greiner and Sarah East Johnson***

In this very approachable and welcoming workshop, we will guide the participants through tools, structures, scores, assignments, and discussions to deepen their facility with creating original choreography and using the generation of original movement as a tool in their teaching. These tools can be useful in helping students develop their own creative physical voice, in allowing students to integrate their physical learning with creative and performance applications, and in bringing a revived inspiration and curiosity to the teaching experience.

Participants will walk away with games, exercises, tools, and composition assignments that they can use in their teaching with kids and adults. They will also have the opportunity to experience creating their own movement pieces using a variety of very accessible tools.

**Your Funny Bone!**

**Nancy Gold**

**Finding Your Funny Bone!** is a how-to approach to creating physical comedy and finding the creative comic within you. Both performer and teachers will discover practical Tools for clowning. Explore and Experience the Acting side of Clowning. Discover your clown, clown juggling as a means to comedic relationships, paper, clown entrees, mime, masks, movement and more. Whether you've been performing for years or just starting out, you will discover and expand your "silly side".

**AYCO Board Conference Call**  
**Sunday, August 17, 2008**  
**AGENDA**

4:00pm pacific 6:00pm central 7:00pm eastern

*Programming / Administration / Management*

**Capital Campaigns & Endowment Funds: How to insure your programs future**

**Jim Shirley**

Learn from the models that work. Sailor Circus in Sarasota, FL is currently in the midst initiating a major building construction made possible by their capital campaign. This workshop will present how to set up and successfully run a capital campaign and how to establish an endowment to insure your program's future.

**Community Collaborations**

**Lt. Keith Muncy & Patty Campbell**

This workshop will present models of community collaborations through partnerships and special events that will impact the strength and visibility of your organization. Expect to walk away with new ideas and out of the box thinking approaches to enhance future strategic planning!

**Conducting Circus Pedagogy Workshops in the Context of Social Circus in Germany**

**Romy Backofen**

This presentation is an overview of Social Circus work currently taking place in Germany. Topics addressed include: concepts and applications of social circus in Germany, participating collaborators including private and governmental, financial support, curriculum, and training institutions. Also presented will be examples of different social circus projects and teaching activities for social circus training.

***Circus Programs in Schools***

***Cathy Gauch and Angel Vigil***

The workshop will discuss the elements necessary for successful program design and management through looking at a variety of school circus programs. Topics covered will include: curriculum design, after school recreational programs, performance and show oriented programs, staff recruitment and training, legal and waiver issues, equipment needs, developmental age appropriate activities, and classroom management.

**In Partnership with the Boulder County Arts Alliance. [www.bouldercountyarts.org](http://www.bouldercountyarts.org)**

**Grant Writing**

**Kathy Kucsan, Integrity Arts**

At Integrity Arts, we see ourselves as storytellers for the arts. We are interested in the relationship between you and the funders so that you can tell your story with all the passion you put into your art. We want you to communicate your needs to funders in a way that is accurate, clear, and strong. Narratives are much more than a necessary chore to grantwriting. Learn to infuse your proposal with powerful language and the unique message of your organization. There are many formulas for structuring a winning grant proposal. This workshop goes beyond the formulas to the heart of the matter: integrity. Inside the well-crafted narrative and finely honed budget there is an opportunity to reflect your organization's unique strength and approach to the arts. We will explore ways to use language in the strongest possible way to imbue the character of your art within the proposal.

Participants can expect to leave with tools to strengthen grant proposal narratives with succinct language that honestly and accurately "the ask." Enhance the successful grant proposal with relevant information, citations, and corroborating points to illustrate need. Infuse the successful narrative with the passion and story relevant to the artist or organization in a way that a funder will clearly understand and support.

**In Partnership with the Boulder County Arts Alliance. [www.bouldercountyarts.org](http://www.bouldercountyarts.org)**

*Just added!*

**Using the Logic Model for Program Evaluation, Richard Turbiak**

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Attendees are offered the opportunity to learn the foundation on which to build strategies to broaden, deepen and diversify participation in their arts organizations. In addition, attendees are introduced and walked through the Logic Model, an important approach to effectively plan and evaluate strategies and programs. By applying their strategies to the Logic Model approach, attendees will be able to design and implement their programs, keeping the capacity of their organizations in mind, with an effective plan to evaluate the success of those strategies. For more information on the [Logic Model click here](#).

**Panel/Discussion**

- ❖ Festival '09 Discussion Community Meeting
- ❖ Teaching outside Culture
- ❖ Social Circus, AYCO Activities Report and Discussion

**Presenters**

**Romy Backofen**

*Romy is a social circus coach residing in Germany who just received a Social Work diploma from the Int'l University of Applied Sciences, Berlin. Since September, 2007, she has been a coach for Kornerzirkus-Kids in Neukölln, Germany. She was also recently the instructor for the music, theater, and circus project at Anne-Frank Elementary School.*

**Patty Campbell**

*Patty has been involved with the Sailor Circus since 1969. She is the Director of the PAL Sailor Circus and financial officer for the Police Athletic League.*

**Cathy Gauch**

*Cathy has been an aerial coach for over 15 years, coaching children – adults, beginners – professional acts. She has performed in stage production shows, corporate events, tours, circus shows, gala benefits, to name a few. She currently coaches aerials at the Boulder Circus Center, Colorado Academy, and Shining Mountain Waldorf School. More info at [www.aircat.net](http://www.aircat.net).*

**Diana Y Greiner**

*Diana has been a member of LAVA since 1999, working as a performer, teacher, board member and Education Director of the company.*

**Nancy Gold**

*Nancy Gold is the author of Finding Your Funny Bone! The Actor's Guide to Physical Comedy and Characters Smith and Kraus Publishers. She is on the faculty at the A.C.T. Young Conservatory and Berkeley Rep School of Theatre and also teaches at schools and universities throughout the country. She studied physical theatre with Jacques LeCoq in Paris, mime with Claude Kipnis and clowning with Citibor Turba. She recently received the Distinguished Mentor Teacher Award from A.C.T Young Conservatory. She has a BFA from the University Of Illinois Champaign-Urbana. Nancy lives in San Francisco and performs with her partner Lol Levy.*

**Chuck Johnson**

*Chuck Johnson has taught gymnastics and Circus full time to all ages and skill levels since 1991, and am a USAG professional Trampoline and Acrobatic Gymnastics coach. He is currently the director of the Seattle Acrobatic and New Circus Academy.*

**Sarah East Johnson**

*Sarah founded LAVA in 2000 after moving to New York to study dance in 1985. She worked with Circus Amok from 1991 to 1999. As artistic director of LAVA she has received an Obie and Bessie Award for her choreography.*

**Kathy Kucsan**

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*Kathy is the Co-Founder of the Rocky Mountain Center for Musical Arts (RMCMA) in Lafayette, Colorado, and served as the Education & Artistic Director from 1996-2007. Her musical background includes degrees from Indiana University and the University of Colorado, teaching experience at the Colegio Internacional de Caracas, Interlochen Center for the Arts, Eastern Michigan University, and the University of Denver. Currently, She consults, coaches, and writes grant proposals through Integrity Arts, a new business focusing on supporting artists and arts organizations.*

***Aileen Moffitt***

*Aileen Moffitt is the Founder and Director of the Prescott Circus Theatre in the Oakland Unified School District in Oakland, California. She has been developing her program for 24 years, first as a classroom teacher and more recently as full-time director of the program that has grown to serve students at 7 public schools.*

***Lt. Keith Muncy***

*Keith has been in law enforcement for 25 years and the Police Athletic League Director for 8 years. He has been on numerous non-profit boards relating to children and children's programs.*

***Jim Shirley***

*Jim is the Director of Development for the PAL Sailor Circus. He is a businessman who understands the non-profit world.*

***Richard Turbiak***

*Richard is a stained glass artist living in Boulder, CO. When he's not cutting glass, he consults on increasing cultural arts participation. Richard serves the Boulder County arts community as coordinator of Boulder County Arts Alliance's Cultural Arts Assessment Program. He's also a member of the Colorado Council on the Arts' Peer Assistance Network, managed by the Colorado Resource Center, advising cultural arts organizations statewide in matters of increasing cultural arts participation, as well as volunteer development and management. In addition, Richard is the Group Sales Coordinator for the Colorado Shakespeare Festival, and serves on its advisory board. Richard is a New York City transplant, where he served as Vice President, Director of Human Resources for the Federal Home Loan Bank of New York. He attended New York University, majoring in History.*

***Amy Wilson***

*Amy is a Licensed Clinical Social Worker in New Orleans whose work includes facilitating stress reduction and wellness groups for workers, parents and youth in south Louisiana. After Hurricane Katrina through August 2007, she served as Team Leader for the Louisiana Spirit Hurricane Recovery Stress Management Team. She maintains a private practice in which her clinical focus is to provide practical solutions to cope with sadness, overwhelm, anxiety and depression. She recently completed Professional and Advanced Training with the Center for Mind Body Medicine ([www.cmbm.org](http://www.cmbm.org)). Her work to reduce violence in community includes serving on the Board of Silence is Violence ([www.silenceisviolence.org](http://www.silenceisviolence.org)). In February, 2008 she was named Empress XIX of the New Orleans Radical Faeries.*

***Angel Vigil***

*Angel has been director of the Colorado Academy Circus Program for 20 years.*